



Career Catalyst

A Mindset180 Coaching Experience

Build the career you want by becoming the person you're capable of becoming.

I've Reinvented My Career More Than Once.



"Confidence doesn't come from being the smartest person in the room. It comes from believing that no matter what life puts in front of you, you can learn, adapt, and rise again."

-Michael Callahan

My first career was in music.

Like many musicians, I dreamed of making it my life's work. But when that chapter came to an end, I found myself facing a question that millions of professionals eventually ask:

"What now?"

I started over.

I learned software development, built a career in technology, and eventually became a technology executive leading large organizations and complex transformations. Later, I took another leap and built my own business, helping professionals and organizations navigate change with greater confidence.

Looking back, those transitions weren't detours.

They were the experiences that shaped me.

Every setback taught me something. Every reinvention expanded what I was capable of. Every new chapter required me to learn, adapt, and grow.

That's why I believe setbacks don't define your future.

Your response to them does.

Today, I help others navigate their own career transitions, uncover new opportunities, and build the confidence to keep moving forward, because I've walked that path myself.

You Know You're Capable of More

You don't need more potential.
You need a way to unlock it.

- ✓ Greater confidence
- ✓ Clear direction
- ✓ Practical skills
- ✓ Better decisions
- ✓ Intentional growth
- ✓ Lasting momentum

Your Career Doesn't Grow by Accident.

Potential may open the first door, but it won't carry you through every one that follows.

The professionals who continue to grow aren't necessarily the smartest or the most experienced.

They're the ones who keep developing themselves, building new skills, strengthening their judgment, and embracing every challenge as an opportunity to grow.

Because your career grows at the same pace that you do.

A DIFFERENT WAY FORWARD

**Your future is built
long before the
opportunity arrives.**

Career Catalyst helps you take intentional steps to become the professional your future will require. When opportunity appears, you're ready.



01 DEFINE YOUR DIRECTION

Know where you want to go and why it matters to you.



02 KEEP LEARNING

Commit to continuous learning and stay curious.



03 STRENGTHEN JUDGMENT

Make better decisions and evaluate what truly matters.



04 BUILD CAPABILITY

Develop the skills and mindset that expand what's possible.



05 CREATE VALUE

Apply your strengths to solve problems and make an impact.



06 OPPORTUNITY

Be ready when opportunity arrives. Recognize it when it does.



How We Work Together

We start by understanding where you are today, where you want to go, and what it will take to get there. From there, we work together to help you grow with intention and turn that growth into meaningful progress.



See Clearly

Every journey begins with understanding.

Together, we'll identify your goals, uncover your strengths, and explore the opportunities and obstacles shaping your career. The goal isn't just clarity. It's confidence in where you're headed.



Grow Intentionally

Growth is never accidental.

We'll focus on building the capabilities, confidence, and judgment that prepare you for what's next. Every conversation is designed to help you become a stronger professional and a more effective leader.



Move Forward

Progress comes from action.

Each session ends with practical next steps that fit your goals and your life. Over time, those intentional actions create momentum that lasts long after our coaching conversations end.

Career growth isn't about taking bigger steps. It's about taking the right next step, consistently.

Who is Career Catalyst for?

Career Catalyst is designed for professionals who believe their best work is still ahead of them.

This isn't about fixing what's broken.

It's about building on what's already working.

You may be early in your career, preparing for your next leadership opportunity, navigating a major transition, or simply ready to become more intentional about your future.

If you're willing to invest in your own growth, Career Catalyst can help you move forward with greater confidence and purpose.

Career Catalyst may be a good fit if you...

- ✓ Want more from your career but aren't sure what the next step looks like.
- ✓ Are preparing for greater responsibility or leadership.
- ✓ Feel capable of more than your current role allows.
- ✓ Want a trusted thought partner to challenge and support you.
- ✓ Believe personal growth drives career growth.
- ✓ Are ready to invest in yourself.

It may not be the right fit if...

- You're looking for someone to tell you exactly what to do.
- You're unwilling to challenge your own assumptions.
- You're hoping for quick fixes instead of lasting growth.

Let's start a conversation

You don't need to have your career mapped out.

You don't need all the answers.

You simply need the willingness to take the next step.

Whether you're exploring new possibilities, preparing for greater responsibility, or looking for a trusted partner to help you navigate what's next, I'd be honored to be part of your journey. The first conversation is just that—a conversation.

No pressure. No obligation.

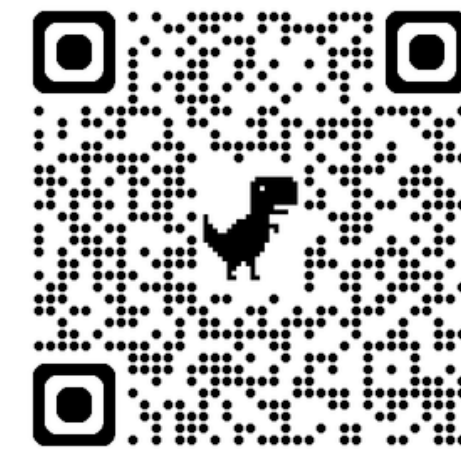
Just an opportunity to get to know each other, explore your goals, and decide whether Career Catalyst is the right fit for you.

Schedule a Complimentary Discovery Call

What to expect

- A conversation about where you are today.
- The goals you're working toward.
- The challenges you're facing.
- Whether Career Catalyst is the right next step.

Your future career won't be built by chance. It will be built by the choices you make today.



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